

CERTIFICATE OF PARTICIPATION

This is to certify that

Lizel Visser

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 00:59:19

PACE 05:54/km

OVERALL 79 of 287

GENDER 20 of 130

50+ 4 of 17

04 December 2016, Sun

Date



BoutTime

Signature

